

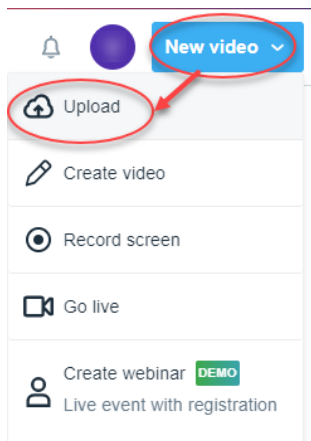
How to upload your surgical film to VIMEO for abstract submission to IGCS 2025

Step 1: Access VIMEO and create an account or log into your existing account

<https://vimeo.com/>

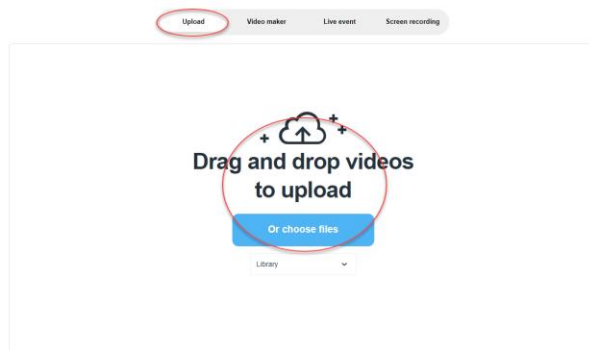


Step 2: Select "New Video" and then "Upload" from the upper right corner of your screen.



Step 3: Select the film you wish to upload

**Please ensure that the film is created following the Surgical Film Submission Requirements for the IGCS 2025 Meeting: <https://igcsmeeting.com/submit-an-abstract/>*



Step 4: Set up the film for sharing

*Please ensure that the Privacy settings – Content are adjusted to “All audiences”. Under Sharing, please select “Public” for the Link Settings and “Anywhere” for the Embed Settings.

The screenshot displays the video sharing settings interface. At the top, there are buttons for 'Public', 'Embed', and a menu icon. The 'Privacy' section is active, with 'Content' selected under the 'Sharing' tab. A dropdown menu for 'Select Rating' is open, showing 'All audiences' and 'Mature'. The 'Link' section shows 'Unlisted' as the current setting, with 'Public' selected in a red circle. The 'Embed' section shows 'Anywhere' selected in a red circle. The 'Public' button at the top is also circled in red.

Public **Embed** ...

Privacy [Upload defaults](#)

Sharing **Content**

Select Rating

Selecting a rating is encouraged. If your video is unrated, viewers in certain countries won't be able to access it even if you make it public. [Learn more.](#)

Select rating

All audiences

Mature

Link

Unlisted [UPGRADE](#)
Only people with the link can access.

Password [UPGRADE](#)
Only people with the password can access.

Hide from Vimeo [UPGRADE](#)
Private on your account, but embeddable anywhere.

Private
Only you and people on your account can access.

Public
Anyone on the internet can see.

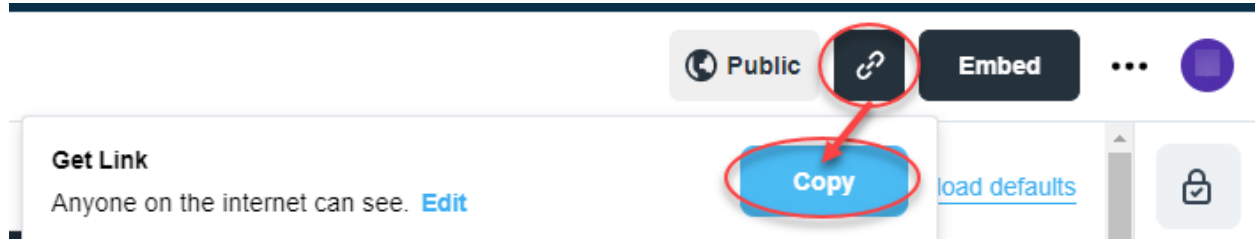
Embed

Where can the video be embedded?

Anywhere

Step 5: Copy the link and paste it into the specified field within the abstract submission site

**Please note – a way to test whether the film is properly set up for public access is to open the link in an incognito window of your browser.*



Abstract Submission site:



Please contact igcs_abstracts@kenes.com if you have any questions.

Thank you for your surgical film submission!